



# POLICEMAN'S HELMET

*Impatiens glandulifera*



## IDENTIFICATION

Flower shape resembles British policeman's helmet. Plant is an annual that pops up in spring and grows a single tall reddish stem (8-10ft. tall) with green, lance shaped leaves and showy purple to pink orchid-like flowers at the terminus.

## IMPACTS

Can form dense thickets. Highly invasive, aggressive invader of Wetlands, Streams and moist woodland; displaces native and beneficial plants; Contributes to flooding and erosion by changing or stopping water movement.



## MANAGEMENT

Hand-pull small patches before they flower, allow roots to air dry. Before flowering, plants can be piled and allowed to dry in place. After flowering, remove and bag flower heads to prevent seed set. Seed pods are explosive. Replace with red columbine or cardinal monkeyflower.

## LEARN MORE

[WWW.MARIONSWCD.NET/PLANTS/POLICEMANS-HELMET/](http://WWW.MARIONSWCD.NET/PLANTS/POLICEMANS-HELMET/)



The Cooperative Weed Management Area partnership connects land managers, increases awareness, and supports collaborative efforts. Visit us at [marionswcd.net/what-we-offer/mid-willamette-cwma/](http://marionswcd.net/what-we-offer/mid-willamette-cwma/).